# Adverse Childhood Experiences

Targeted Resources for Tribal Child Welfare, February 2018

### **ACEs Connection**

This website provides a wealth of accessible information related to ACEs. They also have a free network with various community groups, including one with a shared goal of reducing ACEs in Native communities. The handout on Growing Resilient Communities 2.0 provides great information on starting a local initiative.

### **Centers for Disease Control and Prevention**

The CDC has a webpage dedicated to sharing ACEs information and tools. Included here are details from the CDC-Kaiser Permanente Study, a large investigation of the long-term effects of ACEs.

### **ACEs Information**

Learn more about ACEs from the Substance Abuse and Mental Health Services Administration.

## The ACE (Adverse Childhood Experience) Study and American Indian and Alaska Native Children

Presented by Dolores Subia BigFoot, this 2013 webinar is part of a series on childhood trauma in Indian Country. This webinar presented findings from the Kaiser Permanente Study and adverse childhood experiences with a focus on American Indian and Alaska Native children.

### Mothers' Adverse Childhood Experiences and Their Young Children's Development

This 2017 study examines the relationship between mothers' ACEs and developmental risks for their own children. Finding a significant association, the need to address intergenerational trauma is highlighted.

## Adverse Childhood Experiences among American Indian/Alaska Native Children: The 2011-2012 National Survey of Children's Health

This academic article focuses on the adverse childhood experiences and outcomes among American Indians and Alaska Natives. The researchers found that American Indian and Alaska Native children are significantly more likely to have adverse childhood experiences and complex resulting consequences when compared to non-Hispanic white children.

#### **Children Exposed to Violence**

From the National Indigenous Women's Resource Center, this webinar shares information on ACEs and highlights evidence based and promising practices for working with children exposed to violence. Traditional and community-based efforts to address the problem are shared.

### <u>Putting Alaska Native Hopes, Voices at Center of State's ACEs Movement</u>

The Alaska Resilience Initiative promotes healthy communities and works to end child maltreatment. Leaders of this initiative hosted a 2016 gathering to ensure Alaska Native voices were heard. Participants provided recommendations on how to make existing ACE/resilience training materials more culturally relevant. Those recommendations and links to additional materials are featured in this article from ACEs Too High.

See also: <u>Intergenerational/Historical Trauma</u> and <u>Resources for</u> Healthy Generations



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